

Date _____

Step One: Reveal

Meditate on the scriptures, prayerfully reading and reflecting on the verses. Mark the phrases, verses or words that catch your attention. Journal and learn more as the Lord leads you.

Large empty space for journaling and reflection.

Step Two: Respond

Respond to activate truth in your life. The **IMPACT** acronym provides questions to help you apply the Word. Sometimes you may not have an answer to all six questions.

Image of God to trust? *An attribute of God, Jesus, or the Holy Spirit to trust.*

Message to share? *A word of encouragement, truth or a prayer to share with others.*

Promise to treasure? *A promise in the Bible to stand on by faith.*

Action to take? *A specific step God is calling you to take.*

Core authentic identity to embrace? *A truth about how God sees you to agree with in your heart.*

Transgression to confess? *A confession to receive healing or forgiveness through Christ.*

Step Three: Renew

Carry God's Word with you during the week. Renew your mind daily by focusing on one word, verse or truth that the Holy Spirit revealed through the Bible. Like an anchor that secures its vessel, renewing your mind with the truth brings security and focus, despite the waves you face during the day.

My Anchor of Truth:

Blank space for writing the anchor of truth.